

Babcock Helensburgh 10k

Pl.	Bib	Name	Cat.	Club	Chip	Gun Time
1.	539	Calum Johnson	MSEN	East Kilbride AC	29:41	29:41
2.	309	Jamie Burns	MSEN	Shettleston Harriers	30:24	30:24
3.	535	Ryan Thomson	MSEN	Cambuslang Harriers	30:35	30:35
4.	310	Taha Ghafari	MSEN	Shettleston Harriers	30:58	30:58
5.	675	John Bell	MSEN	Inverclyde AC	31:19	31:19
6.	739	Stuart Donnachie	MSEN	Cambuslang Harriers	32:16	32:16
7.	545	James Wilkes	MSEN	Garscube Harriers	32:35	32:35
8.	744	Oscar Coetzee	M40	Bellahouston Road Runners	33:15	33:15
9.	487	Ross Horgan	MSEN	Bellahouston Road Runners	33:24	33:25
10.	706	Patrick Mochan	MSEN	Strathclyde University Harriers	33:24	33:26
11.	711	Jonathan Roebuck	MSEN	Inverclyde AC	33:43	33:45
12.	726	Cameron Muir	MSEN	Shettleston Harriers	33:55	33:56
13.	480	Andrew Merry	MSEN	herules wimbledon ac	34:04	34:05
14.	125	Kenneth Osborne	MSEN	Bellahouston Road Runners	34:29	34:30
15.	163	Craig Shields	M40	Garscube Harriers	34:35	34:37
16.	514	Angus Lindsay	MSEN	Strathclyde University Harriers	34:49	34:51
17.	489	Michael Mcconnell	MSEN	Perth Road Runners	34:52	34:53
18.	5	Nicholas Gemmell	M50	Garscube Harriers	34:52	34:54
19.	511	Garry Muir	MSEN	Campbeltown Running Club	34:57	34:58
20.	243	Kyle McLellan	MSEN	Cambuslang Harriers	35:10	35:13
21.	122	Oliver Reilly	MSEN	Greenock Glenpark Harriers	35:17	35:18
22.	331	Bryan Mulgrew	MSEN	Bellahouston Road Runners	35:23	35:25
23.	158	Peter Tucker	M40	Inverclyde AC	35:35	35:36
24.	127	Gerard Pelegri	MSEN	Shettleston Harriers	35:33	35:36
25.	580	David Tamburini	M50	Inverclyde AC	35:36	35:36
26.	743	Nynke Mulholland-Stümmer	FSEN	Inverclyde AC	35:37	35:38
27.	588	Paul Sorrie	M40	Shettleston Harriers	35:42	35:43
28.	191	Gavin Spence	MSEN	Garscube Harriers	35:44	35:45
29.	261	Iain Mcfarlane	M40	Garscube Harriers	35:49	35:51
30.	337	Neil McSeveny	MSEN	Bellahouston Road Runners	35:56	36:00
31.	219	Euan Convery	MSEN	Garscube Harriers	36:01	36:03
32.	457	Emily Carroll	FSEN	Shettleston Harriers	36:13	36:14
33.	693	Callum Butterworth	MSEN	Shettleston Harriers	36:21	36:25
34.	446	Sean Coyle	MSEN	Bellahouston Road Runners	36:28	36:30
35.	70	Donald Maclaren	M40	Bellahouston Harriers	36:30	36:35
36.	685	Michael Whittle	MSEN	Royal Navy Athletics Club	36:45	36:46
37.	725	Scott Mckelvie	MSEN	Shettleston Harriers	36:46	36:49
38.	579	Rebekah Russell	FSEN	Bellahouston Road Runners	36:48	36:52
39.	351	James Winward	MSEN		36:51	36:55
40.	507	Graham Andrew	M40	Garscube Harriers	37:19	37:21
41.	221	Stephen Allan	M50	Cumbernauld AAC	37:22	37:23
42.	573	Paul Monaghan	M50	Greenock Glenpark Harriers	37:25	37:25
43.	164	Ryan Waldron	M40	Kilbarchan AAC	37:34	37:37
44.	544	Cameron Mackie	MSEN	Victoria Park City of Glasgow AC	37:43	37:46
45.	717	Monica Blair	FSEN	Garscube Harriers	37:45	37:48
46.	240	Emma Creasey	FSEN	Giffnock North AC	37:46	37:49
47.	170	Jill Cox	F40	Greenock Glenpark Harriers	37:55	37:58
48.	530	Gérard Higgins	MSEN	Cambuslang Harriers	37:54	37:58
49.	201	Paul Kernohan	M40	Cambuslang Harriers	37:58	38:02
50.	649	Alastair Skelton	M40	Bellahouston Harriers	38:05	38:09

Pl.	Bib	Name	Cat.	Club	Chip	Gun Time
51.	289	Andrew Macpherson	MSEN	West End Road Runners	38:18	38:21
52.	478	Lorne Campbell	MSEN	Peanut Chiller Crew	38:14	38:23
53.	694	Steven Campbell	M50	Greenock Glenpark Harriers	38:24	38:25
54.	597	Marcus Hills	MSEN	Lomond swimming & triathlon club	38:26	38:30
55.	562	Peter Walsh	MSEN	Dumbarton AAC	38:29	38:33
56.	595	Scott Hunter	M40	West End Road Runners	38:43	38:46
57.	109	Simon Sheridan	M50	Garscube Harriers	38:44	38:48
58.	462	Hongyu Li	MSEN	Fusion Triathlon Club	38:24	38:50
59.	738	Suzi Blake	FSEN	Shettleston Harriers	38:48	38:52
60.	450	Euan Mccracken	MSEN	Kilbarchan AAC	38:47	38:55
61.	432	Grant Matheson	M60	Falkirk Victoria Harriers	38:51	38:56
62.	538	Thomas Smith	MSEN	Lomond swimming & triathlon club	38:53	38:57
63.	661	Jonathan Felton	MSEN	Bellahouston Road Runners	38:57	39:01
64.	4	Claire Heasman	F40	Helensburgh AAC	39:00	39:04
65.	485	Michael Mccallum	MSEN		39:06	39:08
66.	375	Jay Cowan	MSEN	Owairaka	39:05	39:11
67.	118	Peter Alexander	M40	Newton Road Runners	39:07	39:13
68.	384	Stuart Perry	M40	Helensburgh AAC	39:06	39:19
69.	494	Philip Robinson	M40	West End Road Runners	39:16	39:19
70.	713	Ruairi Ferris	MSEN	Kirkintilloch Olympians	39:18	39:22
71.	513	Jek Rankin	MSEN		39:19	39:24
72.	418	Kelly Taylor	FSEN	Bellahouston Road Runners	39:13	39:29
73.	45	Dave Thom	M60	Cambuslang Harriers	39:28	39:33
74.	657	Andy Mcgillivray	M40		39:29	39:34
75.	251	Victoria Riddell	FSEN	Shettleston Harriers	39:34	39:39
76.	144	Mark Ford	M50		39:38	39:41
77.	690	Finn Boyd	MSEN	Glasgow FrontRunners	39:30	39:41
78.	475	Jack Bagley	MSEN	Peanut Chiller Crew	39:36	39:44
79.	707	Chris Hunter	M40	Victoria Park City of Glasgow AC	39:25	39:45
80.	347	Cat Gillen	FSEN	Springburn Harriers	39:39	39:45
81.	481	Andrew Paterson	M50	Kirkintilloch Olympians	39:42	39:48
82.	501	Merlin Jones	M40		39:43	39:49
83.	177	Mary Senior	F50	Garscube Harriers	39:49	39:55
84.	296	John Murray	M40	Garscube Harriers	40:00	40:02
85.	715	David Maguire	M40	Glasgow FrontRunners	39:52	40:07
86.	671	George Ross	M40		40:06	40:11
87.	566	Paul Stoddart	M50	Cumbernauld AAC	40:09	40:11
88.	476	Dean Abberley	MSEN	Perth Road Runners	40:05	40:14
89.	758	Andrew Mortimer	MSEN	Peanut Chiller Crew	40:06	40:15
90.	316	Stephen Harrison	M50	Greenock Glenpark Harriers	40:16	40:22
91.	674	Mykola Kulakov	M40	Garscube Harriers	40:20	40:32
92.	290	Stephen Forcer	M40	Westerlands CCC	40:26	40:32
93.	194	Alan Campbell	M50		40:31	40:34
94.	714	Jamie Mclaughlin	M50	Bellahouston Harriers	40:29	40:39
95.	669	Christopher Mchardy	M40	Central AC	40:35	40:39
96.	402	Paul Rowden	MSEN		40:34	40:43
97.	697	Alex Potter	M60	Victoria Park City of Glasgow AC	40:43	40:46
98.	139	Alistair Rowlands	M40	Dumbarton AAC	40:41	40:46
99.	104	Gillian Blee	F40	Garscube Harriers	40:42	40:47
100.	69	Kristina Greig	FSEN	Bellahouston Harriers	40:40	40:49
101.	650	Michael Rollins	MSEN	West End Road Runners	40:41	40:53
102.	42	Lachlan Calder	MSEN	Shettleston Harriers	40:55	40:56

Pl.	Bib	Name	Cat.	Club	Chip	Gun Time
103.	323	Stephen Clark	M40	Shettleston Harriers	40:52	41:01
104.	168	Anthony Carson	MSEN	Bellahouston Harriers	40:56	41:05
105.	683	Paul O'Brien	M60	Garscube Harriers	40:58	41:05
106.	81	Scott Jasnosz-Clark	M40	Glasgow FrontRunners	40:54	41:06
107.	190	Daniel Irvine	M50		40:50	41:09
108.	590	Ross Allan McEachern	M50	Cumbernauld AAC	41:09	41:11
109.	673	James Fotheringham	M60	Perth Road Runners	41:08	41:19
110.	656	Duncan Boyd	M50	Garscube Harriers	40:56	41:21
111.	7	Nicky Parker	M50	Garscube Harriers	41:16	41:22
112.	752	Jack Beard	MSEN	Garnock Valley	41:15	41:23
113.	703	David Griffin	MSEN	Bellahouston Harriers	41:09	41:24
114.	204	Steven Kennedy	M40	Nike Run Club Glasgow	40:56	41:27
115.	484	Scott Weir	MSEN		41:27	41:30
116.	245	Colin Kenneth McKnight	M40	Greenock Glenpark Harriers	41:23	41:31
117.	13	Donald Shaw	M50	Greenock Glenpark Harriers	41:30	41:38
118.	250	Michael Cushley	M40	Motherwell AC	41:34	41:42
119.	320	Peter Scott	M40	Garscube Harriers	41:39	41:42
120.	464	Liz Johnston	F50	Perth Road Runners	41:34	41:46
121.	470	Alistair Jardine	MSEN	Run Rhaw	41:44	41:54
122.	519	Vijay Trivedy	MSEN		41:42	41:56
123.	466	Des Dickson	M60	Cambuslang Harriers	41:52	41:56
124.	79	Iain Muirhead	M50	Bellahouston Harriers	41:43	41:57
125.	335	Marie Kane	FSEN	Cambuslang Harriers	41:55	42:01
126.	262	Callum Ferguson	MSEN	Newton Road Runners	41:56	42:01
127.	747	Christopher O'Grady	MSEN	Red Star AC	41:58	42:01
128.	749	Grace Binnie	FSEN	Victoria Park City of Glasgow AC	41:52	42:01
129.	493	Paul Harris	M40		41:49	42:05
130.	119	Guy Wilton	MSEN		41:59	42:11
131.	731	Craig Clarke	M60	Troon Tortoises AC	42:06	42:17
132.	734	Grace Campbell	FU20	Strathclyde University Harriers	42:04	42:19
133.	137	Nikki Lyons	FSEN	Dumbarton AAC	42:12	42:21
134.	509	Andrew Blain	MSEN	Cambuslang Harriers	42:21	42:25
135.	709	James Young	M40		42:08	42:27
136.	543	Christine Irvine	FSEN	Victoria Park City of Glasgow AC	42:19	42:28
137.	110	Liam Scullion	M40		42:19	42:30
138.	596	Sven Mathier	MSEN	West End Road Runners	42:20	42:32
139.	666	Iain Wallace	M50	Cambuslang Harriers	42:27	42:32
140.	609	Marianne Wilson	F40	Bellahouston Harriers	42:28	42:38
141.	424	Kirsty O'Brien	F40	Cambuslang Harriers	42:37	42:41
142.	574	Ryan Miller	M40	Newton Road Runners	42:40	42:45
143.	399	Kate Holmes	FSEN	Garscube Harriers	42:37	42:45
144.	43	Martin Grindlay	MSEN		42:39	42:58
145.	196	Neil Smith	M40	Garscube Harriers	42:51	42:59
146.	686	Philip Sweeney	M40	Central AC	42:57	43:03
147.	724	Charlene Kelly	F40	Dumbarton AAC	42:55	43:03
148.	594	Scott Elliott	M60	Kirkintilloch Olympians	42:58	43:04
149.	757	Stephen Tomasso	M40	West End Road Runners	43:10	43:17
150.	272	Alex McTier	M40		43:02	43:17
151.	307	Graeme Lawson	M40	Springburn Harriers	43:09	43:23
152.	377	Eric Spaven	M50		43:14	43:27
153.	259	Alison Wood	FSEN	Garscube Harriers	43:21	43:29
154.	497	Catherine Humphreys	FSEN		43:15	43:32

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155.	692	Peter Dabrowski	MSEN		43:27	43:32
156.	443	Athole Smith	M60	Garscube Harriers	43:30	43:38
157.	449	Rhiannon Laing	FSEN	Perth Road Runners	43:30	43:42
158.	586	Lewis Duncan	MSEN		43:29	43:44
159.	189	Andy Gunn	MSEN		43:33	43:50
160.	217	Jemma MacLellan	FSEN		43:36	43:51
161.	684	Clem Clement	M60	Penarth and Dinas runners	43:41	43:54
162.	451	John Walker	M50	Dumbarton AAC	43:49	43:59
163.	540	Richard Ward	M50	Perth Road Runners	43:47	44:00
164.	241	Graeme Taylor	M40	Garscube Harriers	43:53	44:01
165.	82	Lauren Mckinley	FSEN		43:47	44:04
166.	224	John Oates	M60	Shettleston Harriers	44:04	44:08
167.	358	Stephen Maxwell	MSEN		44:02	44:12
168.	161	Emma Matheson	F40	Victoria Park City of Glasgow AC	44:03	44:13
169.	11	Simon Parkinson	M50	Bellahouston Harriers	44:05	44:21
170.	587	Mark Devlin	M40		44:16	44:25
171.	680	Stuart Cullen	MSEN		44:20	44:29
172.	342	Thomas Thorne	M40		44:20	44:30
173.	608	Allan Mackenzie	MU20	Helensburgh AAC	44:24	44:30
174.	664	Jonathan Dow	MU20	Cambuslang Harriers	44:24	44:31
175.	653	Ruan Lowry	MU20		44:24	44:32
176.	593	Scott Pairman	M50	Dumbarton AAC	44:28	44:39
177.	704	Jack McCafferty	MSEN	Pack Performance	44:36	44:41
178.	98	Michael Baster	M40	Glasgow FrontRunners	44:27	44:41
179.	735	Flora Henry	FU20	Glasgow University Hares and Hounds	44:27	44:42
180.	423	N.N. 50002			44:16	44:49
181.	611	Luis Canosa	M40		44:48	44:49
182.	477	Alexander Macdonald	MSEN	Bellahouston Road Runners	44:48	44:55
183.	471	Angus Gray	MSEN	Bellahouston Road Runners	44:55	44:56
184.	598	Gareth Gardner	MSEN	Achilles Heel	44:44	45:00
185.	145	Mark Moulding	M40		44:51	45:02
186.	642	Izzy Caufield	FU20	Kilmarnock Harriers & AC	44:59	45:03
187.	112	Malcolm MacLean	M40	Greenock Glenpark Harriers	44:46	45:04
188.	454	Saul Eadie	MSEN		45:01	45:06
189.	265	Calum Macaulay	M40	Victoria Park City of Glasgow AC	44:55	45:07
190.	325	Danny Stevenson	MU20		44:56	45:07
191.	129	Michelle Melville	FSEN	Dumbarton AAC	44:58	45:08
192.	55	David Ritchie	M50		45:01	45:08
193.	175	Adam Escott	MSEN		45:03	45:10
194.	602	Iain Buckley	MSEN	Bellahouston Harriers	44:58	45:15
195.	378	Cara Thom	FSEN	Bellahouston Road Runners	45:11	45:17
196.	73	Iain Boyce	M50		45:03	45:17
197.	281	Amanda McGregor	FSEN	Victoria Park City of Glasgow AC	45:07	45:18
198.	339	Richard Meldrum	M40		45:04	45:19
199.	282	Grant McGregor	MSEN	Victoria Park City of Glasgow AC	45:07	45:19
200.	312	Campbell Fullarton	M40	Helensburgh AAC	45:11	45:24
201.	542	Cameron Williams	MU20		45:24	45:28
202.	27	Ryan Beattie	MSEN	Falkirk Victoria Harriers	45:04	45:29
203.	670	Claire Mchardy	F40	Wee County Harriers	45:24	45:29
204.	413	Leon Aitken	M40		45:22	45:31
205.	23	Garry Henderson	M60	Bellahouston Harriers	45:14	45:32
206.	607	Tony Scott	MSEN		45:01	45:32

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207.	359	David Ward	MSEN		45:23	45:34
208.	522	Calum Sinclair	M40		45:25	45:36
209.	718	Laura Lennon	FSEN	Victoria Park City of Glasgow AC	45:16	45:38
210.	317	Jill Aikman	F50	Greenock Glenpark Harriers	45:16	45:44
211.	172	Steve Gunn	M60	Helensburgh AAC	45:36	45:54
212.	710	Lynsey Wilkie	FSEN		45:56	46:04
213.	662	Marina Mccallum	F50	Kirkintilloch Olympians	45:57	46:05
214.	14	Carlos Gonzalez	M40		45:53	46:11
215.	294	Martha Lovatt	F40	Garscube Harriers	46:07	46:15
216.	560	Carlo Turriani	MSEN		45:41	46:22
217.	85	Clare Waters	F50		46:06	46:25
218.	592	Sarah Jane McGeown	FSEN		46:27	46:32
219.	381	Joshua Killingsworth	MSEN		46:08	46:35
220.	327	Douglas Bain	M50	Victoria Park City of Glasgow AC	46:25	46:37
221.	56	Rebecca Darnell	F40		46:24	46:38
222.	499	Ian Sproull	M40	Garscube Harriers	46:28	46:40
223.	732	David Wardrope	M50	Cambuslang Harriers	46:46	46:53
224.	105	Nicola Tait	FSEN	Glasgow FrontRunners	46:47	47:00
225.	736	Stewart Freeman	M40		46:46	47:03
226.	22	Pauline Henderson	F60	Bellahouston Harriers	46:53	47:12
227.	745	Leah McGrotty	FSEN	Lomond Roads CC	47:08	47:23
228.	760	Joseph Hallay	MSEN		47:03	47:24
229.	440	Alistair Stenhouse	M50	Milburn Harriers	47:17	47:25
230.	561	Robert Boag	M50	Bellahouston Road Runners	47:02	47:26
231.	321	Erica Christie	F60	Cambuslang Harriers	47:22	47:27
232.	74	Ewen Cameron	M40	Motherwell AC	47:20	47:30
233.	672	Robert Young	M80	Clydesdale Harriers	47:27	47:33
234.	763	Kal Sandhu	MSEN	Westerlands CCC	47:30	47:44
235.	510	Edmund Wardle	M50		47:10	47:49
236.	614	Kelvin Hills	M60	Lomond swimming & triathlon club	47:42	47:54
237.	444	Conor Mcloughlin	MSEN		47:40	47:55
238.	51	Connor Lindsay	MSEN		47:25	47:59
239.	299	Iain Service	M40		47:39	48:06
240.	524	Chris Gill	M40		47:55	48:07
241.	176	John Mackenzie	M40	Dumbarton AAC	47:51	48:09
242.	222	John Carty	M40	Victoria Park City of Glasgow AC	47:55	48:16
243.	716	Keith Davis	M50		47:57	48:21
244.	723	Lewis Sinclair	MSEN	Glasgow FrontRunners	48:12	48:25
245.	408	John Healy	MSEN		48:12	48:26
246.	591	Ruth Freer	F40	Victoria Park City of Glasgow AC	48:09	48:29
247.	208	Peter Freer	M40	Victoria Park City of Glasgow AC	48:10	48:30
248.	286	Alan Gibson	M50		48:10	48:32
249.	589	Paul Toland	M40	West End Road Runners	48:02	48:34
250.	87	Gordon King	M60	Helensburgh AAC	48:23	48:35
251.	364	Andrew Stevenson	M60		48:05	48:38
252.	84	Kirsty Hurt	FSEN	West End Road Runners	48:04	48:38
253.	601	Joe Chambers	MSEN	Springburn Harriers	48:12	48:43
254.	379	Richard Meldrum	M40		48:35	48:47
255.	58	Stuart Smith	M40		48:30	48:49
256.	490	Stuart Dodd	MSEN		48:13	48:50
257.	750	Peter Condron	M40		48:41	48:55
258.	687	Lyndsay Kennedy	FSEN	Bellahouston Road Runners	48:39	49:02

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259.	660	Cheryl Thomas	F40	Greenock Glenpark Harriers	48:35	49:03
260.	677	Amanda Connelly	F40	Garscube Harriers	48:42	49:05
261.	563	Simon Murray	MSEN		48:58	49:08
262.	368	Carly Hawes	FSEN		48:56	49:11
263.	3	John Cunningham	M50	Bellahouston Harriers	48:55	49:13
264.	728	Melissa Macintyre	FSEN		48:48	49:13
265.	246	Rachel Wardrope	FSEN	Cambuslang Harriers	49:09	49:15
266.	28	David Sturgeon	M40		49:04	49:20
267.	86	Jamie Wieland	MSEN	Bellahouston Road Runners	49:17	49:26
268.	741	Graeme Little	M40	Garscube Harriers	48:58	49:27
269.	91	Paul Darroch	M40		49:19	49:28
270.	605	Nick Mckerrell	M50		49:09	49:29
271.	651	Moira Young	F60	Garscube Harriers	49:10	49:34
272.	468	Lucy Johnstone	FSEN		49:20	49:36
273.	529	Peter Carroll	M60		49:09	49:45
274.	211	Louise McQuaid	FSEN	Victoria Park City of Glasgow AC	49:28	49:49
275.	315	Lynne Harrison	F50	Greenock Glenpark Harriers	49:29	49:56
276.	195	Ross Beaton	M50		49:54	49:57
277.	761	Rowena McIntosh	FSEN	Kirkintilloch Olympians	49:38	49:59
278.	663	Maureen Macleod	F60	Garscube Harriers	49:39	50:04
279.	264	Elaine Mackay	F50	Shettleston Harriers	49:43	50:04
280.	572	David Vallance	MSEN		49:37	50:05
281.	66	Craig French	MSEN		49:48	50:06
282.	610	Alastair Patience	M50	Bellahouston Harriers	49:51	50:10
283.	303	Stephanie Rudd	F50	Bellahouston Harriers	50:07	50:26
284.	712	Colin Glen	M50		50:05	50:26
285.	643	George Cassels	MSEN		49:58	50:29
286.	645	Jack Hobson	MSEN		50:19	50:35
287.	655	Iain Baird	M40		50:18	50:38
288.	742	Adil Saeed	MSEN		50:07	50:39
289.	148	Michael Noble	M50		50:28	50:40
290.	500	Josh Oakes	MSEN		50:26	50:42
291.	207	Lynsey Scott	F40	Victoria Park City of Glasgow AC	50:23	50:45
292.	564	Chris Ryan	M40		50:19	50:49
293.	257	Angela O'Neill	F40	Motherwell AC	50:37	50:49
294.	751	Andre Gilburn	M50	Wee County Harriers	50:36	50:53
295.	236	Sarah Fraser	FSEN	Hamilton Harriers	50:47	50:54
296.	756	Chris Lawler	M40		50:28	50:55
297.	577	Paul Gunn	M50		50:34	50:56
298.	329	Billy Calman	M50		50:44	50:57
299.	689	Emma Mckinnon	FSEN	Shettleston Harriers	50:36	50:57
300.	160	David Callander	M50		50:39	50:59
301.	213	Michael Meehan	M50	Bellahouston Harriers	50:52	51:01
302.	174	Alice Howe	FSEN	Bellahouston Road Runners	50:40	51:05
303.	95	Amy Cromarty	FSEN	Garscube Harriers	50:34	51:07
304.	169	Alan Turner	MSEN		50:50	51:20
305.	441	Alan Rigby	M50	Perth Road Runners	51:03	51:24
306.	565	Cara Mcgrotty	FSEN		51:09	51:24
307.	676	Lynette Harkins	F50	Garscube Harriers	51:01	51:35
308.	199	David Hamill	M60	Garscube Harriers	51:17	51:43
309.	244	Derek Gray	M50		51:24	51:55
310.	49	Alan Strange	M50		51:26	51:55

Pl.	Bib	Name	Cat.	Club	Chip	Gun Time
311.	200	Simon Finnieston	M50	Victoria Park City of Glasgow AC	51:41	52:05
312.	350	David Stewart	M40		51:41	52:08
313.	38	Alex Mullen	M50		51:36	52:09
314.	326	Robert Stevenson	M60		51:51	52:12
315.	306	Anna Scullion	FSEN		51:45	52:13
316.	699	David Allen	MSEN		51:54	52:23
317.	392	Scott Thompson	MSEN		51:41	52:26
318.	435	Alexandra Whapples	F50	Vocalink Mastercard Running Club	52:02	52:27
319.	528	James Ashe	M60	West End Road Runners	52:05	52:37
320.	239	Kenneth Weir	M70		52:30	52:39
321.	755	Caroline Duffin	F40	Perth Road Runners	52:27	52:40
322.	523	Paul Johnstone	M50		52:39	52:57
323.	238	Rosalind Teasdale	F40	Kilbarchan AAC	52:30	53:00
324.	600	Andrew Berrie	MSEN		52:49	53:02
325.	102	Brian McAlees	M40		52:51	53:07
326.	753	Jackie Theaker	F60		52:45	53:15
327.	209	Tamara Kennedy	F40	Victoria Park City of Glasgow AC	53:08	53:31
328.	696	Daniël Van Niekerk	MSEN		53:31	53:37
329.	249	Dee Riddick	F50	Victoria Park City of Glasgow AC	53:15	53:38
330.	445	Paul Clifford	MSEN		53:23	53:39
331.	227	Jonny Watson-Orr	MSEN	Milburn Harriers	53:25	53:40
332.	603	David Troup	M70		53:08	53:43
333.	275	Linda Hunter	F50		53:22	53:45
334.	92	Kevin Beattie	M50		53:25	53:51
335.	469	Oliver Bastable	MSEN		53:38	53:53
336.	295	Lynn Fairbairn	F50	JogScotland	53:34	53:58
337.	455	Jayden Beaty	MSEN		53:46	54:00
338.	6	Laura Johnston	FSEN	Dumbarton AAC	53:44	54:02
339.	473	Andy Stein	M50		53:37	54:04
340.	702	Clair Soutar	FSEN	West End Road Runners	53:31	54:05
341.	9	Alison Rutherford	F40	Garscube Harriers	53:33	54:06
342.	248	Alan Gray	M50		53:43	54:20
343.	155	John Dempster	M40		54:01	54:22
344.	308	Brian MCLAUGHLIN	M60		53:58	54:26
345.	255	Suzanne Craig	F50		53:59	54:27
346.	502	Marri Welsh	F40		54:14	54:30
347.	225	Anthony Donnelly	M40		54:19	54:32
348.	467	Keriann Watt	FSEN	Helensburgh AAC	54:28	54:45
349.	688	Megan Bolton	FSEN		54:11	54:47
350.	393	Peter Noblett	M60	Royal Navy Athletics Club	54:37	54:49
351.	708	David Maciver	M50		54:41	54:57
352.	116	Roz Wilson	F50	Bellahouston Road Runners	54:37	54:59
353.	8	Ted Zokas	MSEN	Larkhall YMCA Harriers	54:37	55:00
354.	67	Brian McCafferty	M40		54:44	55:06
355.	258	Steven Craig	M60		54:45	55:14
356.	33	Andrew Quinn	M70		54:52	55:15
357.	47	Jill Scott	F50	On the run cumbernauld - jogscotland	54:44	55:18
358.	701	Mhairi Cooper	F40		54:45	55:20
359.	426	Lindsay Donachy	FSEN	North Ayrshire AC	55:11	55:22
360.	76	Laura Powell	F40	Wee County Harriers	54:59	55:25
361.	681	Sue Campbell Senior	F40	Bellahouston Road Runners	55:02	55:29
362.	613	Ellen Harrold	FSEN		55:23	55:40

Pl.	Bib	Name	Cat.	Club	Chip	Gun Time
363.	106	Jason Kerr	M50		55:19	55:45
364.	114	James Ferguson	M40		55:22	55:47
365.	748	Julie Work	F40	Killie Striders	55:24	55:58
366.	721	Martin Moir	M40	Killie Striders	55:23	55:58
367.	154	Stephanie Boyle	FSEN	Bellahouston Road Runners	55:39	56:04
368.	340	Sean Stewart	M50		55:55	56:06
369.	644	Jessica Baker	FSEN		55:50	56:20
370.	498	Michael Brockbank	MSEN		56:00	56:24
371.	218	Matt Cowan	M60		55:55	56:24
372.	576	Darren Murray	M50		55:47	56:30
373.	178	Vin Gilchrist	F50		56:12	56:33
374.	324	Pamela Caulfield	FSEN	Clydebank Solemates	56:12	56:36
375.	730	Debbie Stewart	F50	Killie Striders	56:01	56:37
376.	367	Dave Meikle	M40		56:07	56:41
377.	304	Michael McNamara	M50	Bellahouston Harriers	56:30	56:54
378.	302	Colin Gray	M50		56:12	56:57
379.	654	Kayleigh Harvey	FSEN		56:21	56:57
380.	416	Jane Binnie	F70	Wee County Harriers	56:34	57:03
381.	427	Craig Eadie	M50		56:46	57:06
382.	36	Mark Turnbull	M60	Garscube Harriers	56:51	57:07
383.	267	Hannah Carpenter-Jacobs	FSEN		56:50	57:08
384.	64	Graham McElwee	M50		56:32	57:10
385.	388	Stephen Russell	M40		56:44	57:11
386.	39	Graeme Pert	M60	Bellahouston Road Runners	56:50	57:16
387.	700	Calum Firth	MSEN		56:48	57:18
388.	152	Jason Darnell	M40		57:05	57:19
389.	733	Craig Edwards	MSEN	Hamilton Harriers	57:15	57:21
390.	30	Kenny McLean	M50		56:57	57:24
391.	214	Mags Meehan	F50	Bellahouston Harriers	57:07	57:30
392.	428	Kirsty Cameron	FSEN	Portobello Running Club	56:57	57:34
393.	429	Andrew Cameron	M60		56:57	57:34
394.	531	Scott Renton	M50		57:18	57:39
395.	198	Lyndsay Kerrigan	FSEN	Garscube Harriers	57:13	57:45
396.	352	Brian Falconer	MSEN		57:41	57:57
397.	422	Carol Young	F50	EK Fitness	57:28	57:57
398.	291	Heather Church	FSEN	Garscube Harriers	57:25	57:58
399.	526	Lucy Campbell	FSEN		57:51	58:02
400.	237	Kirsty Harvie	F40	Garscube Harriers	58:05	58:24
401.	537	Peter Weall	M70		57:53	58:32
402.	247	Toby Tennant	MSEN		58:05	58:36
403.	12	Michael Devlin	M60		58:19	58:41
404.	68	Lauryn Martin	FSEN		58:28	58:46
405.	762	Craig Atterbury	M40		58:26	58:47
406.	397	Christopher Burke	MSEN		58:25	58:47
407.	97	Sophie Higham	FSEN	Vegan Runners	58:27	58:52
408.	612	Alice Deacon	F40		58:40	58:53
409.	648	Nicola Armstrong	F40	West End Road Runners	58:20	58:54
410.	100	Helen Stevenson	F50	Bellahouston Harriers	58:49	59:09
411.	17	Murdoch Rodgers	M70	Bellahouston Road Runners	58:46	59:18
412.	297	Thomas Keenan	M60	Bellahouston Harriers	59:14	59:24
413.	659	Mary Paterson	F50	Inverclyde AC	59:00	59:35
414.	722	Alison Stewart	F40		59:15	59:43

Pl.	Bib	Name	Cat.	Club	Chip	Gun Time
415.	101	Theresa Mcintyre	F50		59:17	59:50
416.	117	Jason Warren	MSEN		59:26	59:52
417.	21	Carole Spy	F60	Bellahouston Harriers	59:40	1:00:05
418.	729	Una Macintyre	F50		59:45	1:00:11
419.	90	N.N. 50003			1:00:27	1:00:27
420.	343	Alan Beattie	M70		1:00:10	1:00:34
421.	515	Natasha Watkiss	FSEN		1:00:17	1:00:41
422.	516	Grace Foster	FSEN		1:00:18	1:00:41
423.	46	James Leitch	M40		1:00:50	1:00:50
424.	525	Katrina Kinloch	FSEN		1:00:47	1:00:58
425.	740	Beth Brown	FSEN		1:00:45	1:01:10
426.	682	Sally Burnett	FSEN		1:00:56	1:01:14
427.	298	Carol Keenan	F60	Bellahouston Harriers	1:01:00	1:01:20
428.	26	Debbie Pyper	F40		1:00:53	1:01:33
429.	19	Kirstin Andrews	FSEN		1:00:53	1:01:33
430.	242	Brian Graham	M60		1:01:00	1:01:34
431.	134	Abigail Wright	FSEN		1:01:30	1:01:53
432.	536	Natalie Rolph	FSEN	Glasgow Southside Slowies	1:01:34	1:01:55
433.	187	Leanne Murray	FSEN	Victoria Park City of Glasgow AC	1:01:38	1:02:01
434.	439	Ricky Barrett	M50		1:01:50	1:02:10
435.	679	Phil Addicott	M40		1:01:51	1:02:19
436.	442	Gemma Farrell	FSEN		1:02:00	1:02:20
437.	41	Fraser Inch	MSEN		1:01:52	1:02:23
438.	583	Karen Hyslop	F50		1:02:09	1:02:42
439.	415	Susan Bothwell	F60	Perth Road Runners	1:02:19	1:02:50
440.	461	Andrew Paliwoda	MSEN		1:02:41	1:02:52
441.	533	Claire Hamilton	FSEN		1:03:09	1:03:29
442.	334	Jacqueline Mairs	F50		1:03:39	1:03:39
443.	421	Sandy Workman	M70		1:03:08	1:03:40
444.	585	Lesley Mac	F50		1:03:08	1:03:45
445.	147	Miriam Tarn	F40		1:03:39	1:04:01
446.	447	Janyce Holmes	F60		1:03:44	1:04:22
447.	274	Iain Ireland	M70		1:03:39	1:04:26
448.	63	Charlotte McKay	F70	Greenock Glenpark Harriers	1:03:50	1:04:26
449.	80	Marianne McKay	F40	Greenock Glenpark Harriers	1:03:51	1:04:27
450.	140	Jo Crawford	M60		1:04:01	1:04:39
451.	394	Troy Bennett	MSEN		1:04:33	1:04:54
452.	353	Eva Lovell	FSEN		1:04:40	1:04:56
453.	18	Joanne Harkins	F40	Shettleston Harriers	1:04:31	1:05:06
454.	197	John Nicholson	M60		1:05:06	1:05:19
455.	434	Francesca Whapples	FU20		1:05:06	1:05:31
456.	754	Hannah Denholm	FSEN		1:05:20	1:05:36
457.	764	Sarah Mann	FSEN		1:04:59	1:05:46
458.	171	Doris Heron	F60	Greenock Glenpark Harriers	1:05:14	1:05:51
459.	652	Ian Mcrae	M60		1:05:29	1:06:07
460.	344	Alan Donaghey	M50		1:06:14	1:06:55
461.	370	Elsbeth Minting	FSEN		1:06:30	1:07:06
462.	186	Elaine Boyd	F40		1:06:51	1:07:30
463.	463	Steven Ashmore	M50		1:07:21	1:07:51
464.	759	Neil Smith	M40		1:07:58	1:08:36
465.	409	Brian Ferguson	MSEN		1:08:16	1:08:50
466.	256	Shona McCormack	F50	Knightswood Harriers	1:08:35	1:09:06

Pl.	Bib	Name	Cat.	Club	Chip	Gun Time
467.	167	Mary Robinson	F50	Greenock Glenpark Harriers	1:08:45	1:09:24
468.	60	Alison Smart	F60	Greenock Glenpark Harriers	1:08:54	1:09:32
469.	398	Damian Mcgeehan	M50		1:09:15	1:09:52
470.	389	Alan Reeve	MSEN	Helensburgh AAC	1:09:33	1:09:53
471.	34	joyce Greig	F60		1:09:26	1:09:57
472.	386	Shannon Mckechnie	FSEN		1:10:28	1:10:58
473.	387	Kirsty Pickett	FSEN		1:10:28	1:10:58
474.	433	David Whapples	M50	Vocalink Mastercard Running Club	1:11:02	1:11:27
475.	436	Rhian Hannon	FSEN		1:11:24	1:11:42
476.	720	Julian Macphail	M40		1:11:29	1:11:58
477.	349	David Taylor	M60		1:11:54	1:12:35
478.	300	Christopher Friel	M40		1:12:13	1:12:54
479.	668	Laura Oowler	FSEN		1:13:36	1:13:36
480.	374	Lois Stevens	FSEN		1:13:08	1:13:41
481.	354	George Jack	M60		1:13:32	1:14:19
482.	96	Andrew Burton	MSEN		1:14:18	1:14:53
483.	458	Simon Shorthouse	M40		1:14:22	1:15:02
484.	193	Karly Walters-Smith	F40	Vegan Runners	1:16:24	1:17:03
485.	705	Gill Smith	F50		1:16:56	1:17:25
486.	146	Darren Tarn	M40		1:17:51	1:18:09
487.	517	Neil Wilson	M70	West End Road Runners	1:19:14	1:19:54
488.	472	Abbi Pilkington	FSEN		1:25:38	1:25:48